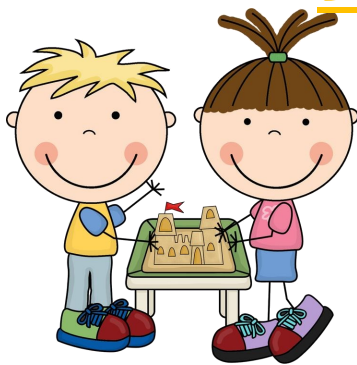




Sensory Play



Benefits of sensory play



- Helps develop hand eye coordination
- Increases spatial awareness
- Encourages sharing and negotiation skills
- Harnesses creativity and imagination
- Provides a soothing sensory input



Provides opportunities to develop peer-peer and peer-adult relationships

Links to the Curriculum

Community: Working with a peer during a fun activity to improve social interactions

Identity: Children can express ideas and feelings with others. Feel a sense of pride in their creations and learn to deal with emotions when creations are destroyed.

Communication: Learning to ask for items, developing and understanding of prepositions i.e., sand in, pour out etc.

Learning: Learning about cause and effect. Encourages the children to hypothesise and use higher order thinking, i.e. what happens when you add water to the sand?

Wellbeing: develop fine motor strength and encourage hand-eye coordination.

Opportunities

- Building castles
- Bring sand indoors—sensory tubs and kinetic sand are fun!
- Develop understanding of cause and effect relationships, i.e. adding water to sand
- Filling and emptying buckets
- Add dinosaurs, farm animals etc.
- Use magnetic letters in the sandbox and find them with a bigger magnet.